Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Period \_\_\_\_\_\_\_\_\_\_

**HUMUNENT = “Human Document”**

**Art Journaling to inspire the creative artist in you!**

***A brief history of Altered Books***

*Altered books are an art form in which existing books are reworked into works of art. The existing book becomes a canvas for the new ideas or images. Sometimes words or images from the book are retained as part of the altering process. At other times the books are entirely obscured to become a totally new idea.*

*Altered books are actually an old way of recycling. In the 11th Century, Italian Monks recycled old manuscripts written on vellum by scraping off the ink and adding new texts and illustrations on top of the old. This was known as “Palimpsest.”*

*In the late 19th century, people used old books as a sort of scrapbook, pasting on its pages, the ephemera from their society including magazine images, personal recipes and family pictures. This is “Grangerism”, a Victorian practice of illustrating a particular book with engravings torn from other books.*

*Today artists are exploring the form of the book along with its substance. Existing images and text become something entirely new. Tom Phillips’ “Humument” is one of the first contemporary examples of this art. By covering, cutting and changing the structure, altered books run the gamut from books that have become shrines to books that are transformed into colorful images totally unrelated to their origins.*

*Source: Michael Austin, K-12 Kansas Art Teacher*

**YOUR NEXT STEPS:**

Acquire a hard-cover fiction or non-fiction novel. Choose one whose content my possibly influence your artwork or one you have read and enjoyed. Remove the plastic sleeve covering.

Throughout the year you will be creating your very own humanent journal to gain a deeper understanding and appreciation of the importance of a sketchbook:

* *inspire your creativity*
* *capture images/ideas more quickly*
* *allow a place for you to sketch, paint, and experiment with a variety of different materials*
* *understand the importance of brainstorming and sketching, and how these actions improve your artistic skills, creative thinking, and problem-solving skills*
* *2D sketching can directly relate to your 3D projects*
* *Planning ahead for future projects*
* *Organize your thoughts*
* *Practice!*

**What Do I Put in my journal?**

Some topics will be assigned, others will be your choice (see assignment list).You will use the medium/media assigned or recommended, and you will have the opportunity to experiment with different materials based on a particular assignment.

WILL YOUR JOURNAL HAVE A THEME? If yes, each assignment must relate in some way to that theme.

You will draw, paint, collage, doodle, write, etc. OVER the text in your book (unless you want to incorporate the text into your artwork!).

The most important thing is that you are meeting the assignment expectations while be creative, having fun, experimenting, and learning! ☺

**How is my journal graded?**

Students will be required to complete **one page minimum a week** based off of a student-selected topic or a teacher assigned topic (see assignment list). Each assignment is worth **30 points** and will be graded based on completion. “Completion” is determined by the following factors:

* *Assignment met required expectations/ entire page filled*
* *Craftsmanship*
* *Creativity*

\*Journal assignments must be done every week, in preparation for Journal Checks, which occur every 3-4 weeks. During a Journal Check week, the teacher will check 3 assignments for completion. Students are required to do assignments weekly to discourage procrastination!

**When do I work in my journal?**

In order to complete one assignment a week, you will do most journaling as home-learning. Some class time will be dedicated strictly for journaling. **BRING YOU JOURNAL TO CLASS** **EVERY DAY! Keep journal in crate designated for your class period if you wish to keep it here.** If you complete a project early you will be encouraged to journal in class as well. You may of course always do EXTRA artwork in your journal just for fun!

Assignments will be discussed/demonstrated at least one class period prior to the due date.

Some assignments may require research via the internet or books.

**JOURNALING ASSIGNMENT LIST**

**One** page **MINIMUM** must be **FILLED** per assignment! **30 Points each.**

***Before we begin…***

1. Remove plastic sleeve covering from hard-cover book
2. Write your first name, last name, and class period on the inside of your book.
3. Rip out several pages in your book (over time your book will become thicker than what the binding can support)
4. Reserve a few “test pages” for art supplies/techniques. Label each page “Test page.” These should be at the beginning or end of your journal.
5. Staple/tape “Assignment list” in the BACK of your book. Record page numbers your assignments are on- this serves as your Table of Contents.
6. Glue an envelope to the back cover of your book to hold your LIST of words, scrapbooking or collage items, etc.
7. Consider gluing several pages together for thicker pages (great to support collages and paintings)

**QUARTER 1**

1. \_\_\_\_\_\_\_\_ Decorate the cover of your book!
2. \_\_\_\_\_\_\_\_ Collage (pictures, drawings, newspaper or magazine clippings, stickers, cloth, found objects like charms or beads, etc.) Paste into book. Try to keep book as flat as you can.
3. \_\_\_\_\_\_\_\_ Zentangle Drawing with black pen or thin black sharpie. Color may be incorporated. Focus on the ELEMENT of LINE!
4. \_\_\_\_\_\_\_\_ Word Block-out! Block our words from selected text and highlight other words. Create a new sentence, phrase, or poem.
5. \_\_\_\_\_\_\_\_ Favorite Quote. Write the quote, who said it, and illustrate around it!
6. \_\_\_\_\_\_\_\_ Watercolor Painting
7. \_\_\_\_\_\_\_\_ Sketching (use pencil or colored pencils). Focus on the ELEMENT of VALUE!
8. \_\_\_\_\_\_\_\_ FREE CHOICE ☺
9. \_\_\_\_\_\_\_\_ Pick 1 choice from list between #1-39 to illustrate /inspire you.

**QUARTER 2**

1. \_\_\_\_\_\_\_\_ Choose a “zen-doodle” coloring page. Select a COLOR SCHEME to complete your coloring sheet.
2. \_\_\_\_\_\_\_\_ Book Swap (Swap your book with a partner! Tell them your theme of your book if you have one, or what you would like them to focus on. You will be graded on YOUR work in your FRIEND’S book). Collaboration and teamwork!!
3. \_\_\_\_\_\_\_\_ Define and illustrate a word of importance to you. Write the definition, part of speech, and include an illustration.
4. \_\_\_\_\_\_\_\_ Sketching (use pencil or colored pencils). Your drawing must have a FOCAL POINT!
5. \_\_\_\_\_\_\_\_ Pick 1 choice from list between #40-81 to illustrate/ inspire you
6. \_\_\_\_\_\_\_\_ Word Block-out! Block out words from selected text and highlight other words. Create a new sentence, phrase, or poem.
7. \_\_\_\_\_\_\_\_ Pick 1 choice from list between #81-122 to illustrate/ inspire you
8. \_\_\_\_\_\_\_\_ Trace at least 10 circles on your page (all the same size). Create different objects out of these circles! Be creative! (example: Basketball, smiley face, pizza pie)
9. \_\_\_\_\_\_\_\_ FREE CHOICE ☺

**QUARTER 3**

1. \_\_\_\_\_\_\_\_ Write or paste song lyrics that correspond to your theme or that are important to you. Medium/Media is your choice
2. \_\_\_\_\_\_\_\_ Pick 1 choice from list between #123-164 to illustrate/ inspire you
3. \_\_\_\_\_\_\_\_ Watercolor painting with wax resist (crayon).
4. \_\_\_\_\_\_\_\_ FREE CHOICE ☺
5. \_\_\_\_\_\_\_\_ Pick 1 choice from list between #165-206 to illustrate/ inspire you
6. \_\_\_\_\_\_\_\_ Collage (pictures, drawings, newspaper or magazine clippings, stickers, cloth, found objects like charms or beads, etc.) Paste into book. Try to keep book as flat as you can.
7. \_\_\_\_\_\_\_\_ Self-Portrait. Draw or paint yourself! (\*No printed pictures!)
8. \_\_\_\_\_\_\_\_ Pick 1 choice from list between #207-247 to illustrate/ inspire you
9. \_\_\_\_\_\_\_\_ Word Block-out! Block out words from selected text and highlight others. Create a new sentence, phrase, or poem.

**QUARTER 4**

1. \_\_\_\_\_\_\_\_ Acrylic painting
2. \_\_­­­\_\_\_\_\_\_ Pick 1 choice from list between #248-289 to illustrate/ inspire you
3. \_\_\_\_\_\_\_\_ Draw using the Pointillism technique and markers.
4. \_\_\_\_\_\_\_\_ Pick 1 choice from list between #290-331 to illustrate/ inspire you
5. \_\_\_\_\_\_\_\_ Where do you see yourself in 10 years? Illustrate!
6. \_\_\_\_\_\_\_\_ Pick 1 choice from list between #332-365 to illustrate/ inspire you
7. \_\_\_\_\_\_\_\_ Book Swap (Swap your book with a partner! Tell them your theme of your book if you have one, or what you would like them to focus on. You will be graded on YOUR work in your FRIEND’S book). Collaboration and teamwork!!
8. \_\_\_\_\_\_\_\_ Create art inspired by a famous artist. Provide the artist’s name.
9. \_\_\_\_\_\_\_\_ FREE CHOICE ☺

**FREE CHOICE IDEAS ☺**

You may use these if you need some inspiration! Some ideasare from *Wreck this Journal by, Keri Smith*

* Fingerprint designs
* Press leaves, flowers, and other found objects
* Pencil/crayon rubbings
* Scribble drawings
* Write one word over and over, experimenting with fonts and different sizes
* Trace objects and let the lines overlap
* Trace your hand and decorate the inside
* Illustrate your favorite place or a place you would like to travel to
* Illustrate your current thoughts/feelings
* Write a letter in your book to someone special